



# MY STAGE CHILDREN

*My life with Odin Teatret – told with songs and film*

*“Now that I am in my 70’s, I have reached the age of nostalgia. I feel a need and a desire to look back, to meet with my children. Because creativity is like a continuous act of giving birth – and all the figures that I have given life to - are my stage children, that I would like to encounter and to revive.”*

Else Marie Laukvik speaks about her life as an actress at Odin Teatret, and at the same time illustrating it with film fragments from the performances: *Ornitofilene, Kasperiana, Ferai, My Father’s House, The Book of Dances, Come! And the Day will be Ours, Anabasis, The Million, The Gospel According to Oxyrhincus, and Memoria.*



- Actress:** Else Marie Laukvik  
**Preparation Time:** 3-5 hours  
**Technical Assistance:** 1 theatre technician assisting throughout the setup and strike.  
**The Acting Area:** 8 x 8 metres (Depth x Width)  
**The Room:** The room must be dark for the filmprojection.  
**Film Canvas:** 240 x 180 cm. (Can also be a white wall or a big white cloth.) The distance between the projector and the film canvas must be 5 metres or more.  
**Lights:** Else Marie controls the lights during the performance.  
**Electric supply:** 220 Volt (or suitable voltage for equipment supplied by the Organiser)  
**Duration:** 70 min.  
**Spectators:** 180 max.

## IMPORTANT

**When travelling with excess luggage/cargo** (about 30 kg.), **the Organiser must supply:**

A small table ( LxWxH: 100 x 60-75 x 65-75 cm)

A film canvas (See measurement above)

**When travelling without cargo/excess luggage, the Organiser must supply:**

All of the above plus a video projector and DVD-player with small loudspeakers

For more information about Odin Teatret and its many activities:

**odinteatret.org**

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